

Educational & Recreational Tour Program

Background: Covid-19 has immensely marked changes in everyone's life. Children have been badly impacted during the pandemic, students were made to sit at homes isolated, go through online classes, and definitely this resulted in anxiety issues and other issues.

SF organized a 3 day exposure visit for the children of the foster care to come out from that isolation and get back to the life full of excitement and happiness. There were children who never got an opportunity to see the outside world. This visit was an opportunity for them to grow, learn and get exposed to new things.

Exposure visit plan schedule

Day 1:

- *Visit to Bhagwan Birsa Biological Park, Ormanjhi Ranchi
- *Visit to Ranchi Aquatica

Day 2:

- *Visit to Biodiversity Park Ranchi

Day 3:

- *Life skill session

Children Experience highlights

- Kids saw wild animals like monkey, tiger, elephant, snakes etc...They also saw different species of aquatic animals in their first visit to Zoo and aquatica.
- In their 2nd visit to Biodiversity park the kids saw different herbs, flowers and trees.
- On their 3 day during life skill session they got to know about meaning of life and changes during adolescences.

President, Srijan Foundation Ms. Pooja Ma'am, and other members starting the visit by waving green flag.



Kids at Ranchi Aquatica



Purpose of the visit :

- To mold children's intellectual development
- To get the kids exposed to the outer world.
- To make the kids independent in a way to take care of oneself.

Participants Profile:

Total no. of participants : 45

Total no. of girls : 31

Total no. of boys : 14

Age Group : 13-17



Kids enjoying at Biodiversity park

Rules and Regulations during the Exposure:



Do's

- To keep office address and Mobile number of the organization during the exposure.
- To see the wild animals, flowers etc carefully.
- To enjoy at the fullest carefully.



Don't

- Not to touch anything in/outside the premises.
- Not to buy and consume anything from outside.
- Not to fight among the group.



Events:

- 1. Bhagwan Birsa Biological Park:** Popularly known as Ormanjhi Zoo, where the children were shown different types of animals like tiger, white tiger, lion, bear, deer, elephant, fox etc. They also saw different types of birds like peacock, white peacock, different types of parrots, myna, owl etc. They also visited the snake park where they saw different kind of snakes like Ratsnake, Cobra, Python, Krait etc. The children were very excited to see the creatures.
- 2. Ranchi Acquatica :** The children got to see different species of aquatic animals, different kind of fishes. Overall they got a exposure of marine life. They enjoyed the artificial waterfall that was there.
- 3. Biodiversity Park Ranchi :** Children saw different types of flowers, plants, trees etc. They also got a chance to know about the medicinal plants through which diseases can be cured. Children got the opportunity to know here that how we can stay healthy by practicing home remedies. They enjoyed swinging and playing in the park.
- 4. Life skill session :** During the session the children got to know about the life skills that they practice in their daily lives, the meaning of life, the hard work that is done for everyday living like - cooking, studying, working etc. Anything you do need skills. For practicing successful life skill one has to take care of the following things:
 - Maintaining health of body and mind
 - Laziness Free Life
 - Learning Good Things
 - Fulfilling Self-Duty
 - To act with knowledge and spirit

A video "Me and my body" was shown to the group in which information was given about the physical changes that occur during adolescence.





Children enjoying the cultural sessions in after the exposure visits.



The 3 day exposure visit was successfully ended by celebrating holi with all the participants along with the SF team.